# SAYS Talks



Summer 2019 Celebrating 30 Years of Service







## Check Out the Insert for

## Upcoming Events

to Support SAYS in 2019

## **SAYS Community Programs Serve Male, Female, & LGBTQ+ Youth**

SAYS Community programs serve hundreds of children in St. Johns and surrounding counties annually.

of Youth Served by SAYS Community

Carl Simone created St.
Augustine Youth Services at the request of the Department of Children and Families to open a group home for girls.

When SAYS opened its doors 30 years ago, we had two specialized therapeutic group homes that

served only girls. However, we did not receive enough referrals to maintain the program.

The Casey Foundation reports that boys are 29% more likely to be placed in group homes than girls. The Board decided that in order to make the greatest impact, we needed to serve those with the biggest need. By 1990, SAYS transitioned both group homes to serve boys.

What we have learned is that girls are more frequently referred to our outpatient community programs — Community Action Team, Mobile Crisis Response Team, Transitional Life Coaches, Targeted Case Management.



#### **Who Our Community Programs Serve**

Mobile Crisis Response Team: St. Johns County. Ages 0-25.

Targeted Case Management: St. Johns County. Ages 0-18.

Community Action Team: St. Johns County. Ages 11-21.

**Transitional Life Coaches:** St. Johns, Putnam, Flagler, and Volusia counties. Ages 16-21.

Flip to page 3 to learn more about our growing community programs.

## **Community Program Impact**

At 17 years old, Stasia attends St. Johns Technical High School and works part-time.

Stasia learned about SAYS services from the Mobile Crisis Response Team. She has used the counseling services when needed and since that time has added a SAYS Transitional Life Coach to her repertoire of tools to help her be successful.

A born leader, Stasia is described as "Completely focused on her future and her education. She's compassionate, fearless, and goes after her dreams," says Emma, MCRT Clinician.

"She is determined to prove those

wrong who think that she will not be successful. She uses the negativity that may surround her to fuel her ambitions," says Christiana, Transitional Life Coach.

Not only is Stasia
working hard to achieve
her own dreams of
becoming a lawyer, but she is
encouraging other youth who may
be struggling with mental health



issues. Last year, Stasia was selected to speak on the panel at the Children's Behavioral Health Summit put on by the St. Johns County Behavioral Health Consortium. As the only youth invited to speak on the panel, she advocated for increased support in

schools, particularly peer support groups and strategies to decrease the stigma surrounding mental health.



## **Staff Spotlight**

### Janet Riley-Dalton

As we continue to celebrate our 30th Anniversary, we recognize how many staff have made SAYS their home for more than 25 years.

On November 24th, 1993 Janet Riley-Dalton joined SAYS as a part-time Bookkeeper. Soon after, she joined the team full-time.

In addition to Bookkeeping, Janet has served as the Awake Staff Supervisor, House Parent, and countless other roles as needed. Janet has always had a giving heart, whether it be caring for children, feeding the homeless, or serving the elderly.

Thank you, Janet, for your years of dedication to SAYS and those in need.



## **Dancing Stars of St. Johns County**

Congratulations to our PIL
Therapist, Marcus Folkes, for placing
1st at the Dancing Stars of

St. Johns County annual fundraiser benefiting SACSPA.



#### **FCC Awards**

Four of our SAYS staff were recently honored by the Florida Coalition for Children at their Annual Conference in Orlando, FL. Executive Director Schuyler Siefker was named *Committee Member of the Year*. Clinical Director Susan Zitsman was named *Champion for Children*. Professional Houseparents Connie and Milton Collins were named *Residential Caregivers of the Year*.



## 40 Under 40

Congratulations to Chelsea Reppin (Director of Development) and Toni Oliva (Former Youth Counselor/ TCM) for both

being named in the St. Augustine Record's 40 Under 40 Top Young Professionals.

## **SAYS Summer Snapshots**

Each summer our residential kids are able to attend a summer camp of their choosing thanks to the St. Augustine Boating Club!

I am glad I got to go to basketball camp. I made some friends and practiced my basketball skills! -Koby

I caught a catfish and other fish at fishing camp. I also learned how to play the recorder at art and music camp.

-Kaleb

I had so much fun. We had pizza and played games.
My favorite sport that we played was lacrosse.
-Daniel

## **Residential Group Homes**

This spring we celebrated the opening of our 4th group home, the Ameris Bailey House, which increases our residential capacity from 30 to 40 beds. Our sincere thanks to everyone who supported our 4th house campaign.



Capacity Increase From **30** to **40 Beds** 

## **Mobile Crisis Response Team**

As of January 2019, our Mobile Crisis Response Team (MCRT) has expanded to provide services 24 hours a day,

7 days a week. The team also now serves youth up to the age of 25.

MCRT has provided more than 1,000 assessments to date.



Service Hours Expanded To

24 Hours7 Days Per Week

#### **Transitional Life Coaches**

This year, our
COACHES program
is partnering with
the System of
Care and Magellan
Health to bring
MY LIFE groups
to Circuit 7 (**St.** 



4 Counties

Johns, Putnam, Volusia, and Flagler). Magellan

Youth Leaders Inspiring Future Empowerment (MY LIFE) is helping to improve the lives of youth between the ages of 13 and 23 who are dealing with issues related to mental health, substance use, foster care and juvenile justice. MY LIFE gives youth the chance to become leaders in their communities.

## **Community Action Team**

Launched in
July 2018, the
Community Action
Team (CAT) is a
safe and effective
alternative to
out-of-home
placement
for children
with serious



65 Youth Last Year

behavioral health conditions. The team, based on a family centered approach, consists of a Team Leader, Mental Health Clinicians, a Psychiatrist, a Registered Nurse, Therapeutic Mentors and Case Managers. The team works collaboratively to deliver behavioral health services and assists the family in developing or strengthening their natural support system.

## **Targeted Case Management**

This year our
Targeted Case
Management (TCM)
Program completed
the State of Florida
Wraparound Care
Coordination
method of service
delivery training.



This training places our TCM

Served

32 Youth
Last Fiscal Year

in a position to empower the youth and families served to identify their own goals and develop a truly individualized plan of care. SAYS' TCM remains the only community-serving TCM in St. Johns County.



#### Wildwood Fishing Tournament



We had a blast at our 20th **Anniversary Fishing** Tourn, presented by Florida Certified Contractors! Special thanks to our sponsors, volunteers, and chairman John Ravan for another great year.

**Round Up** Thank you to Hagan Ace Hardware for donating their round up proceeds to



SAYS! They and their generous customers raised nearly \$2,000 for SAYS programs.

#### **Bike Shelters**

Leadership St. Johns, Old City Homes, and WFOY teamed up to bring four brand new bike shelters to SAYS' campus! Now our kids have a safe



place to store their beloved bikes and skateboards. Thank you to everyone who made this project possible.

#### **Women Ensuring Bright Futures**

Thank you to Marsh Creek Women's Association and the Ponte Vedra Woman's Club for their incredible support towards our SAYS Young Professionals Program. The SAYS Young Professionals Program provides job training and employment opportunities to youth in our residential programs.

### 4th Home Appreciation



Thank you to the **Publix Super Markets** Charities and

Edna Sproull Williams Foundation for their financial contribution to the building of our 4th residential group home.



Thank you to THE THE PLAYERS PLAYERS Championship **Red Coats Committee** 

for their generous donation towards our campus playground. Thanks to THE PLAYERS and The Hardy Family, the SAYS playground will soon be complete!

#### **McGee and Sons**

Thank you to McGee and Sons for their generous donations to our SAYS campus!





Thank you to Colonial Oak Music Park who raised nearly \$2,000 for Oak Outreach charities at their Spring Fundraiser. Be sure to mark your calendars for the Winter Fundraiser happening on December 7th.

#### **Summertime Appreciation**

Thank you to our SAYS Summertime Heroes who donated swim trunks.

pool supplies, sunscreen, and more to ensure our kids had the ultimate summer break!



#### **SAYS Kids Awards Dinner**

Our Annual Awards Dinner provides a special evening out for our residential kids and gives us the opportunity to celebrate



the qualities that make them unique. Special thanks to the Bailey, Morabito, and Shee families.

#### **GATE House**

In honor of the **GATE Foundation's** extraordinary support, our Pre-Independent Living Group Home has now been named the **GATE** House.

